



CFC

SHOW YOUR MOVES



Come out and show your moves and give a donation for a good cause!

All proceeds go to the CFC General Fund.

Tuesday, November 1st

Campus – Building 1 (Front Lawn)

12:00pm – 12:25pm Urban Line Dancing with LaTanya

12:30pm – 12:55pm Zumba with Valerie

1:00pm – 1:25pm Club Vibe with Charissa

The Loft – T-39

5:30pm – 6:15pm 80's Spin with Amanda

*****Bikes are limited - first come first served***

Rockledge – Rockledge I Room 5070

11:30am – 11:55am Zumba with Michelle

12:00pm – 12:25pm Salsa with Robert

12:30pm – 1:00pm 80's Spin with Lisa

6001 Executive Blvd. – NSC Fitness Center

11:30am – 11:55am DanceFit with Tricia

12:00pm – 12:25pm Cuban Salsa with Yamil

12:30pm – 1:00pm Zumba with Arina