



Skip the elevator And take your weight loss to the next level

Weight Watchers® is a proven weight-loss plan that fits how you want to eat and lose. Check it out with your co-workers at our next **Open House***—and *sneaker* in what makes you feel great.

weightwatchers

Help with the hard part.

Stroll with a goal to our next Open House.

DATE: Thursday, September 3, 2015, 11:00 – 11:45 A.M.

LOCATION: Shady Grove Campus, 6E 032/034

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Fall promotion 1 = 17 weeks plus **2 more weeks free** - \$186. – Also includes **19 weeks of free eTools** (min 20 people)

Fall promotion 2 = 12 weeks (\$156) with **14 weeks of free eTools** (15 people)

* Open House does not include Program materials or weigh-in.

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Digital tools and mobile apps



24/7 Chat for help and motivation



Seamlessly sync fitness devices